

# **THP Transition to LNA Skills Checklist**

#### Student Name:

Instructor: \_\_\_\_\_

Skill Performed	Lab (Date)	Clinical (Date)	Instructor Initials/ Comments	
Hand washing				
Proper use of gloves				
Knock on doors				
Provide privacy				
Use of call bell				
Blood pressure				
TPR				
PPE				
Restraints				
Documentation				
Clean environment				
Linen handling				
Review care plan				
Report to/from Nurse				
Heimlich Maneuver				
Measure height				
Measure weight				
Use of cane				
Use of Walker				
Use of gait belt				
1 person transfer				
2 person transfer				
Repositioning				
Mechanical lift				
Bed position/pads on floor				
Side rails				
Safety alarms				
Nasal cannula/mask				
Bed bath				
Shower				
Whirlpool				
Bath mitts				
Oral care				
Denture care				
Backrub				
Shaving				

Skill Performed	Lab (Date)	Clinical (Date)	Instructor Initials/ Comments	
Nail Care				
Hair care				
Dress a patient				
Occupied bed				
Open bed				
Closed bed				
Assist with feeding				
Document meal intake				
I & O Sheets				
Oxygen equipment				
Ostomy care				
Bedpan				
Commode/toilet				
Catheter care				
Urinal (if male pt. avail)				
Measure urinary output				
Apply attends/briefs				
Active range of motion				
Passive range of motion				
Post mortem care				
Proper Body Mechanics				

The signatures below indicate the THP has satisfactorily performed the skills as documented on this checklist in a NH licensed nursing home.

THP Signature

Date

Director of Nursing at Licensed Nursing Facility Signature Date

LNAHC Lab Instructor Signature Date

\*A copy will be kept in the student file and a copy will be given to the student upon graduation. ©This material may not be copied or redistributed without express written permission of the Director.



### **THP Transition to LNA Skills Checklist**

Student Name:

Instructor:

□ Satisfactory □ Unsatisfactory

### **DEMENTIA SKILLS CHECKLIST**

Objective / Skill	Classroom (Date)	Clinical (Date)	Instructor Initials/ Comments
Identify Residents who exhibit signs and symptoms of Dementia			
Demonstrate strategies helpful in communication/caring for residents with Dementia			
Perform personal care to residents with Dementia			
Identify common behaviors in people with Dementia			
Demonstrate appropriate response to a person whose behavior is dysfunctional			
Perform care measures to help maintain the quality of life for a person with Dementia			
Identify the effects on the caregiver caring for a person with Dementia		Classroom Only	

The signatures below indicate the student and the instructor agree the student has satisfactorily performed the skills and objectives as documented on this checklist.

**THP** Signature

Date

Director of Nursing at Licensed Nursing Facility Signature Date

LNAHC Lab Instructor Signature (if applicable) Date

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Instructor:

□ Satisfactory

Unsatisfactory